

Wimmin Swimmin Report June 2025



Our intrepid women met at the end of May for a gentle swim at Teesdale Leisure Centre. It is a joyous thing for a person to discover that with little effort, a lot of trust, and a burst of confidence, they can float! And what a glorious feeling it is to be weightless, relaxed and peaceful supported by the water and whatever flotation aid is helpful.

Sad to report that Crag Pond seems to have hit the buffers for open water swimmers already. It seems that a lack of planning permission has meant closure, hopefully temporary. My appetite for open water swimming has been well-sated in the Tees during this warm weather, so far without any adverse side-effects (ie I haven't drowned, nor succumbed to a stomach bug, nor ear infection). If anyone wants to join me, please let me know – always on the lookout for a swim buddy. For a longer, probably wet-suited swim, Ellerton Lake at Scorton is brilliant.

Our next session is on Saturday 28 June, 4-5pm. Cost £5. Swimmin' Wimmin' very welcome.

