

7 to 9 Walking Group October Report By Peter Harding

On Wednesday 19th October 17 members of the U3a 7 to 9 walking group met at The Broompark picnic area just west of Durham. The day was overcast but with no forecast of rain. We set off along the Deerness Valley Railway path then a road climb, to reach the historic Ushaw College .

Lunch was taken some folk sat on benches in the gardens ,whilst others made use of the Colleges refectory .

After lunch we found ourselves following The Northern Saints trail until we joined the Lanchester Valley Walk , returning to the Broompark picnic area .

The walk was measured at 8.2 miles.

Photo from inside Ushaw College Refectory kindly taken by Ian R.



Some of the participants 19th October 7-9 Walk .Photo by Ian R.

The next walk on November 16 will be led by Margaret. Starting from Washton road in Richmond we will walk through the golf course, then past Aske Hall, down to Gillingwood Hall then back via Coalsgarth c.7 miles Please contact Nicky Grace nickygrace729@gmail.com

We are joining the fell walkers and 4-6 mile walking group for festive fare on Tuesday 13 December at the Fox and Hounds at Cotherstone. Please contact Gillian Barnes- Morris for details gillianbm1@gmail.com . Kathleen will be leading a short walk prior to the meal for those that are interested.

Thank you to all of the leaders who have created such an enjoyable and varied programme this year. Thank you also for all the walkers who have provided such good company whilst we explored the wonderful country surrounding us. I will be working on the 2023 programme and will be delighted to hear from those interested in leading a walk next year

Wishing everyone happy walking for the festive season *Nicky*