## 4–6-mile Walking Group

## Report on August walk by Nicky Grace

We met on a warm day following rain so that in the morning there was a heavy mist and I could not see the end of the garden. Luckily by the time ten of us met up at Hanging Shaw the sun had come through, the mist had cleared but it was humid. We crossed from the car park in Forest in Teesdale to walk down to the Tees and picked up the Pennine Way beside the Tees. The wild flowers including devil's bit scabious, meadowsweet, grass of parnassus, and knapweed made a colourful display which was enjoyed by many butterflies, mainly Peacock and Red Admiral. Having navigated several stone stiles, we reached Saur bridge and crossing Harwood beck we walked towards Widdybank farm, admiring mountain pansies en route. We stopped for a welcome coffee break overlooking the Tees, just before the farm. To the call the of curlew and lapwing we walked back along the track joining the road to Harwood briefly. Returning beside the beck we reached Saur bridge again and returned to our cars on the same outbound path. It was a lovely amble of c 5 miles in beautiful Upper Teesdale.

