

Shorter Walking Group – March Adventure

On Monday 24th March there gathered together at Scar Top, adjacent to Barney Post Office, a group of 18 people, all members of u3a shorter walking group. All were happy to feel the sunshine and see an almost cloudless blue sky.

Convener Liz introduced some new members into the Group, then introduced the leaders for the afternoons walk - Liz and Pete.



Members, who had been forewarned regarding today's route, wisely some wore wellies and carried walking poles. Down by the side of the castle we strolled, along Bridgegate onto Gray Lane. We entered the Demesnes area from there we found our way to Mount Eff Lane, which becomes Mount Eff trail. As expected underfoot was fairly muddy and wet and time was taken walking along the Trail as no accidents or falls were desired.

A rest was made by Mount Eff farm, then we undertook the gentle incline up Mount Eff Rd to turn onto Green Lane and the return to Barnard Castle.

Everybody enjoyed the views of the surrounding landscape, the newborn lambs, daffodils and scilla plants. Upon reaching Green Lane School and, as they were near their homes, a few people left. After winding our way back to Barney Post Office via a few little paths and alleys some retired to a local coffee shop for refreshments. A lovely little 4 mile walk, great weather and good company.

Written by
Liz and Pete Harding