

SHORTER WALKS

July Report by Vivien Hodgson

Fifteen of us set off from the car park at Bowes. Luckily the weather had improved and we enjoyed a fine afternoon going first towards the castle ruins then on over several challenging stiles, along by the river Greta, passing many lovely wild flowers including harebells and betony, towards the Pennine Way footbridge. We crossed the bridge then on over the field towards Lady Mires farm and followed the farm road back to Gilmonby, stopping briefly for a mint break. One of the group then went back to the car and the rest of us continued through the woodland and went to see the waterfalls at Mill Force. We then climbed back up to the track, walking between very high green foliage, to the field leading back to the stiles and the route back to Bowes.