## TABLE TENNIS GROUP

## **Report by Peter Singer**



It so happens that our 12 active members of the table tennis group include three Peters and two Janets. The significance of this, if any, is has eluded us so far, although it makes remembering everyone's name a little easier for those of us with less than perfect recall – a punt on Peter has a reasonable chance of being correct, at least for the men. The name Peter originally meant "rock" or "stone", which is not particularly appropriate for table tennis, unless it relates to our somewhat circumscribed mobility around the table. Janet apparently meant "God's gracious gift", so goodness knows what that might imply, apart from describing the occasional, stunning shot produced from nowhere. If there are any other Peters out there who might like to play table tennis, please come along and we can play an all-Peter doubles match, which would be fun ("your ball Peter.....").

Some recent news from Table Tennis England is encouraging. Margaret Dignum has won two gold medals for England in the women's over-80 class at the European Veterans' Championships in Norway. Even more uplifting is the Norfolk local league team of four players with a combined age of 336 years, three of whom are 86 years old. They still play competitive league table tennis and this year were runners up in their division. As one of them said, "table tennis is a great sport and we are living proof that it can be played at any age ..... it is so much more than just table tennis, it's about exercise and keeping fit, socialising, making friends and generally enjoying our night out. Whilst we can do that, we will keep playing". Hear hear to that!

If you would like to join our group to learn the game, improve your skills or just have a bit of fun, please contact Peter Singer (<u>pandjsinger@btinternet.com</u> 07508 663998). All are welcome, whether you play regularly, have not played for some time or have never played before.