

U3A Lunch group July report for Forum

In July the lunch group returned to an old favourite Coghlan's at Barningham. It was a lovely day for a short drive into the countryside, the restaurant is set in an old coach house in pleasant grounds. The rooms are set up as an old fashioned tea room with flowery teapots, cups, saucers and plate sets. There are hats available for anyone who fancies dressing up for the occasion. As well as lunches they offer afternoon tea and do lots of outside catering



We were a group of 14 and had pre ordered our starters, mains and deserts from a tempting selection. All the food was cooked to perfection and some Members thought that this was the best meal they had had all year. The most popular main course was the salmon and spinach Wellington served with a lemon beurre sauce.



Those of us who had the strawberry and cream tartlet served with berry sorbet thought they were the tastiest strawberries ever and we were thrilled to be able to purchase a punnet each from the shop.



In August we are having an early evening meal at the Crosskeys Inn at Eppleby.

If anyone is interested in joining our friendly group then please contact me.

Kate Keen