

Fell Walking Group – September

A classic 10 mile route in Wensleydale starting in Bainbridge and going to Semer Water and back home along the Cam High Road Road/ Roman Road was done as the September walk. I took our group on a circular route, the more difficult way with a tough climb up to the top. The views were stunning in all directions helped by brilliant weather.

Some facts about the area.

Bainbridge is arguable the most attractive village in Wensleydale and developed as a base for foresters. Unfortunately not a base for World cyclists as all the prepared celebration activities in the village came to nought because of the atrocious weather so the route was changed.

Bainbridge uses hydro power. It has a reverse Archimedean screw: instead of being used to push water uphill, water from the River Bain runs down the screw forcing it to turn. It was launched in early 2011. Best views are from the narrow bridge on the main road but be careful.

The River Bain claims to be the shortest river in England at about two and a half miles.

Semer Water is the 2nd largest natural lake in the Yorkshire Dales after Malham Tarn.

Semer Water is the product of the last ice age, formed by morainic debris which effectively dammed the whole valley.

The High Cam Road is a direct, well preserved Roman Road that goes from the Roman Fort just outside Bainbridge to Ingleton.

Eight Teesdale U3A walkers had a great walk.

Phil Clarke on behalf of the Wensleydale Appreciation Society.